

HELPING HANDS MENU – PESACH 2026

**** Orders must be placed no later than March 20th ****

Starters

Chicken Soup	With matzoh balls (on the side)	1 qt. (3-4 svgs)	\$24
Gefilte Fish Terrine	Halibut and salmon, garnished with parsley and red horseradish	½ loaf (5 svgs)	\$25/\$45
Vegetarian Chopped Liver	Made with mushrooms, onions, HB eggs and walnuts	1 pint	\$20
Charoset	Ashkenazi style, slightly chunky	1 pint	\$15

Side Dishes

(*half sizes available 4-6 svgs)

Tzimmes	Traditional vegetable stew featuring sweet potatoes, butternut squash, carrots, pearl onions and mixed dried fruit. (GF)	10-12 svgs	\$50
Mushroom-Quinoa Pilaf	Tri-color quinoa, with shiitake mushrooms, carrot, onion, pecans. (GF, DF)	10-12 svgs*	\$45
Potato Kugel	Crispy on the outside, creamy on the inside. Potatoes flavored with onion.	10-12 svgs	\$40
Apple Matzo Kugel	A traditional favorite; serve as a sweet-ish side (can be GF)	10-12 svgs	\$40
Waldorf Salad	Apples, celery, walnuts and raisins in a creamy dressing	10-12 svgs*	\$25
Asparagus Mimosa	Poached asparagus with mimosa dressing (on the side), a mustardy vinaigrette w chopped eggs, capers and parsley	10-12 svgs*	\$40
Brussels Sprouts Salad	Shaved brussels sprouts with diced apple, raisins, walnuts and parmesan, tossed with a sweet and tangy dressing	10-12 svgs*	\$40

Main Course

Brisket	Tender, with braised carrots and onions	1 lb, cooked	\$30
Cornish Game Hens	Apricot glazed and roasted	1 hen 3 or more	\$18 \$15/ea
Chicken Marbella	Savory marinated chicken, roasted with prunes & olives; choose thighs or breasts	Per portion 10 pcs.	\$10 \$80
Sweet and Sour Stuffed Cabbage Rolls	Savory beef, no fillers (GF, DF). (minimum order 4)	Per portion 10 pcs.	\$ 8 \$65
Cauliflower Murrancha	Casserole of cauliflower, mushrooms, onion, quinoa and grated cheddar (Veg.)	8-10 servings	\$40

On the Lighter Side

Slow-Roasted Salmon	A side of salmon, with mango salsa or lemon dill sauce	Per lb.	\$28
Quinoa-Stuffed Peppers	Filled with a mixture of quinoa, carrots, grape tomatoes, baby spinach, currants and feta (GF, can be DF). (minimum order 3)	Per portion	\$ 8
Crustless Quiche	Choice of broccoli, asparagus or spinach	6-8 svgs (9" pie)	\$30

Desserts

Flourless Chocolate Cake	Dense, chocolate-y flavor, whipped cream garnish (GF)	9" round	\$24
Cheesecake	NY style, lemon honey swirled with pistachio crust, Chocolate chip with macaroon crust	9" round	\$30
Lemon-Almond Cake	Single layer, topped with raspberry sauce (GF)	9" round	\$24
Matzoh Fruit Crisp	Simple but tasty, filled with pear, apple and cranberry	10-12 svgs	\$35
Brownies	Chocolate-y goodness, with walnuts (optional) (GF)	1 dozen	\$18
Mandel Bread	Chocolate chip or orange-almond	1 dozen	\$16
Chocolate Matzoh	Matzoh topped with toffee and chocolate, with or without nuts (can be GF)	1 baking sheet	\$25